

NATIONAL INSTITUTE OF SOWA RIGPA
(An autonomous body under the Ministry of AYUSH)
Government of India

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C I R C U L A R

This is for the information of all those candidates who have applied for different Group 'B' and Group 'C' posts in National Institute of Sowa Rigpa (NISR), Leh in response to Advertisement Notification No.07/2024 dated 11.01.2025 and No. 08/2025 dated 18.01.2025 and who have been provisionally short listed for the written test, the syllabus for these posts are placed on the website of this Institute.

The written test for these posts are tentatively scheduled in the 1st week of October-2025, however, the post-wise exact date(s) of the written test will be communicated to the candidates through the website of NISR, Leh in due course of time.

Candidates are advised to visit the website of NISR, Leh regularly for any information.


(Dr. Padma Gurmet)
Director

Scheme of Examination

1. There will be OMR based written examination consisting of objective type multiple choice questions, The details of subjects, marks, and number of questions Post & subject-wise will be as given below: -

- For the post of **MTS**.

Part	Subject	No. of Question/Maximum Marks	Total duration
A	Basic English	15	2 Hour
B	Basic Hindi	15	
C	Basic Bhoti	15	
D	Reasoning	25	
E	General Knowledge & Current Affairs	30	

- For the post of **LDC, Driver, Mali & Stenographer**.

Part	Subject	No. of Question/Maximum Marks	Total duration
A	Basic English	15	2 Hour
B	Basic Hindi	15	
C	Basic Bhoti	15	
D	Reasoning	15	
E	General Knowledge and Current Affairs	25	
F	Basic Computer	15	

Note: Candidates shortlisted for Stenographer will have to qualify the skill test i.e shorthand & typing in English, Hindi & Bhoti. Similarly, candidates shortlisted for the post of LDC shall have to qualify the skill test i.e English & Hindi typing.

Marks obtained in the above skill test will be taken into account in the aggregate marks for finalizing the merit list of candidates.

- For the Post of **Panchakarma Tech., Panchakarma Masseur, Jr. Laboratory Technologist, Dresser**.

Part	Subject	No. of Question/Maximum Marks	Total duration
A	Basic English	15	2 Hour
B	Basic Hindi	15	
C	Basic Bhoti	15	
D	Reasoning	15	
E	General Knowledge and Current Affairs	15	
F	Basic Hospital & Medical related	25	

- For the Post of **Library Assistant**.

Part	Subject	No. of Question/Maximum Marks	Total duration
A	Basic English	15	2 Hour
B	Basic Hindi	15	
C	Basic Bhoti	15	
D	Reasoning	15	
E	General Knowledge and Current Affairs	15	
F	Library & information Science	25	

2. There will be negative marking of 0.25 marks (out of maximum 1 mark per question) for each wrong answer.
3. The medium for examination will be English except the language sections.
4. Based on the marks scored in the OMR Based Written Examination, candidates will be shortlisted. The Board shall have the discretion to fix minimum qualifying score taking into consideration, category-wise vacancies, and category-wise number of candidates.
5. Skill test like typing, short hand etc, where ever prescribed in the essential qualification, will be conducted, which will be of a qualifying nature.
6. Examination Centre: Examination Centres shall be set up in Leh only.
7. Date of Examination and Admit Card:
 - Date, time & venue of the written test will be uploaded on the website of the institute i.e. <http://sowarigpainstitute.in>

Syllabus for MTS

- 1. English: (15 marks)**
Candidates understanding of the Basics of English Language, its vocabulary, grammar, sentence structure, synonyms, antonyms and its correct usage, etc.
- 2. Hindi: (15 marks)**
Candidates understanding of the Basics of Hindi Language, its vocabulary, grammar, sentence structure, synonyms, antonyms and its correct usage, etc.
- 3. Bhoti: (15 marks)**
Candidates understanding of the Basics of Bhoti Language, its vocabulary, grammar, sentence structure, synonyms, antonyms and its correct usage, etc.
- 4. Reasoning: (25 marks)**
It would include questions of non-verbal type. The test will include questions on similarities and differences, space visualization, problem solving, analysis, judgment, decision making, visual memory, discriminating observation, relationship concepts, figure classification, arithmetical number series, non-verbal series etc. The test will also include questions designed to test the candidate's abilities to deal with abstract ideas and symbols and their relationship, arithmetical computation and other analytical functions.
- 5. General Knowledge and current affairs: (30 marks)**
Questions are designed to test the general awareness of the environment and its application to the society. Questions will also be designed to test knowledge of current events and of such matters of everyday observation and experience in their scientific aspects as may be expected of an educated person. The test will also include questions relating to India and its neighbouring countries especially pertaining to Sports, History, Culture, Geography, Economic scene, General Polity including Indian Constitution, and Scientific Research etc. These questions will be such that they do not require a special study of any discipline. Few questions will also from NISR , Sowa Rigpa in general and question related to history, culture of Ladakh.

Syllabus for (LDC, Stenographer, Driver and Mali)

- 1. English: (15 marks)**
Candidates understanding of the Basics of English Language, its vocabulary, grammar, sentence structure, synonyms, antonyms and its correct usage, etc.
- 2. Hindi: (15 marks)**
Candidates understanding of the Basics of Hindi Language, its vocabulary, grammar, sentence structure, synonyms, antonyms and its correct usage, etc.
- 3. Bhoti: (15 marks)**
Candidates understanding of the Basics of Bhoti Language, its vocabulary, grammar, sentence structure, synonyms, antonyms and its correct usage, etc.

4. Reasoning: (15 marks)

It would include questions of non-verbal type. The test will include questions on similarities and differences, space visualization, problem solving, analysis, judgment, decision making, visual memory, discriminating observation, relationship concepts, figure classification, arithmetical number series, non-verbal series etc. The test will also include questions designed to test the candidate's abilities to deal with abstract ideas and symbols and their relationship, arithmetical computation and other analytical functions.

5. General Knowledge and current affairs: (25 marks)

Questions are designed to test the general awareness of the environment and its application to the society. Questions will also be designed to test knowledge of current events and of such matters of everyday observation and experience in their scientific aspects as may be expected of an educated person. The test will also include questions relating to India and its neighbouring countries especially pertaining to Sports, History, Culture, Geography, Economic scene, General Polity including Indian Constitution, and Scientific Research etc. These questions will be such that they do not require a special study of any discipline. Few questions will also from NISR , Sowa Rigpa in general and question related to history, culture of Ladakh.

6. Basic computer: (15 marks)

Knowledge of MS Windows & MS Office

**Syllabus for Panchakarma Tech., Panchakarma Masseur, Jr.
Laboratory Technologist and Dresser**

1. English: (15 marks)

Candidates understanding of the Basics of English Language, its vocabulary, grammar, sentence structure, synonyms, antonyms and its correct usage, etc.

2. Hindi: (15 marks)

Candidates understanding of the Basics of Hindi Language, its vocabulary, grammar, sentence structure, synonyms, antonyms and its correct usage, etc.

3. Bhoti: (15 marks)

Candidates understanding of the Basics of Bhoti Language, its vocabulary, grammar, sentence structure, synonyms, antonyms and its correct usage, etc.

4. Reasoning: (15 marks)

It would include questions of non-verbal type. The test will include questions on similarities and differences, space visualization, problem solving, analysis, judgment, decision making, visual memory, discriminating observation, relationship concepts, figure classification, arithmetical number series, non-verbal series etc. The test will also include questions designed to test the candidate's abilities to deal with abstract ideas and symbols and their relationship, arithmetical computation and other analytical functions.

5. General Knowledge and current affairs: (15 marks)

Questions are designed to test the general awareness of the environment and its application to the society. Questions will also be designed to test knowledge of current events and of such matters of everyday observation and experience in their scientific aspects as may be expected of an educated person. The test will also include questions relating to India and its neighbouring countries especially pertaining to Sports, History, Culture, Geography, Economic scene, General Polity including Indian Constitution, and Scientific Research etc. These questions will be such that they do not require a special study of any discipline. Few questions will also from NISR , Sowa Rigpa in general and question related to history, culture of Ladakh.

6. Basic Hospital & Medical related topics: (15 marks)

Questions related to biomedical waste, First Aid, Spill Management, hand washing technique, Communicable & Non-Communicable diseases, Basis medical terminologies and Abbreviations, medical equipment.

Syllabus for Librarian

1. English: (15 marks)

Candidates understanding of the Basics of English Language, its vocabulary, grammar, sentence structure, synonyms, antonyms and its correct usage, etc.

2. Hindi: (15 marks)

Candidates understanding of the Basics of Hindi Language, its vocabulary, grammar, sentence structure, synonyms, antonyms and its correct usage, etc.

3. Bodhi: (15 marks)

Candidates understanding of the Basics of Bodhi Language, its vocabulary, grammar, sentence structure, synonyms, antonyms and its correct usage, etc.

4. Reasoning: (15 marks)

It would include questions of non-verbal type. The test will include questions on similarities and differences, space visualization, problem solving, analysis, judgment, decision making, visual memory, discriminating observation, relationship concepts, figure classification, arithmetical number series, non-verbal series etc. The test will also include questions designed to test the candidate's abilities to deal with abstract ideas and symbols and their relationship, arithmetical computation and other analytical functions.

5. General Knowledge and current affairs: (15 marks)

Questions are designed to test the general awareness of the environment and its application to the society. Questions will also be designed to test knowledge of current events and of such matters of everyday observation and experience in their scientific aspects as may be expected of an educated person. The test will also include questions relating to India and its neighbouring countries especially pertaining to Sports, History, Culture, Geography, Economic scene, General Polity including Indian Constitution, and Scientific Research etc. These questions will

be such that they do not require a special study of any discipline. Few questions will also from NISR , Sowa Rigpa in general and question related to history, culture of Ladakh.

6. Library & information Science

(25 marks)

Library Classification (Theory and Practice), Cataloguing (Theory and Practice), Reference Service, Information Sources and Services, Library Administration and Management, Information Technology in Libraries, Digital Library and Information Systems, Research Methodology in Library Science, Library Automation, Library Networking & Information Retrieval Systems.